

OFFICIAL SPEAKER BIO:

Dr. Chinwé Williams

Dr. Chinwé is a Licensed Professional Counselor (LPC), a Board Certified Counselor and a certified EMDR therapist. She earned her Doctorate in Counselor Education & Practice from Georgia State University and her Master's degree in counseling from The University of Georgia (Go Dawgs!).

She is a former graduate counseling professor, college and high school counselor, and executive coach. She is a consultant for K-12 schools, non-profit, faith-based, and corporate work settings.

Dr. Chinwé has previously taught graduate counseling students at Georgia State University, Argosy University, University of Central Florida, and Rollins College.

Dr. Chinwé is a highly regarded and trusted keynote and workshop facilitator known to be knowledgeable, competent, and warm. As a board certified and dedicated mental health professional, Dr. Williams is an authority on topics relating to stress, anxiety, burnout, trauma resolution, psychological safety, connection, and belonging.

With over 18 years of experience working with adolescents, young adults, adults, professionals, and families, Dr. Chinwé utilizes a warm, thoughtful, and strength-based approach to both counseling and speaking.

She is the owner of Meaningful Solutions Counseling & Consulting, where she maintains a growing private practice in Roswell, GA serving adolescents, young adults, individuals, and families.

Dr. Chinwé is devoted to helping people and teams resolve old, unhealthy patterns of thinking and behaving that prevent them from reaching their full potential. As a result of this solution-focused approach, individuals report feeling more empowered to make more mindful and intentional decisions about the direction of their life and business.

Dr. Chinwé is the co-author of the best-selling book Seen: Healing Despair and Anxiety in Kids and Teens Through the Power of Connection.

Dr. Chinwé lives in Cumming, GA with her husband, two young sons and young adult daughter. When she is not counseling, training, or speaking, she can usually be found taking mindful walks, eating yummy food at a new restaurant, or spending quality time with friends and family.